

Water release, renewal, flow

The element of water is represented the colors of blacks (still water), indigo (moving water), and dark colors. Water is actual water features and any depiction of water in pictures and art, glass, man-made crystal and mirrors. Water is represented by free flowing and asymmetrical shapes as well as the direction of west and the season of winter.

Chi qualities: mystical, introspective, original, philosophical, reflective

Too much: inconsistent, passive, overwhelmed with emotion, stagnation (too much still water), chaos (too much moving water)

Too little: Loses self in others, detached, shallow, withdrawn, inflexible

Nothing is softer or more flexible than water, yet nothing can resist it. -Lao Tzu